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NESTUM® Wheat and Honey

Infant Cereal from 6 months onward.

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Infant Cereal from 6 months onward.

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Features & Benefits

- Offers more than 50% of daily iron in two servings
- Supports cognitive development
- Fortified with vitamin C to enhance iron absorption
- Contains B.lactis cultures to help maintain digestive health
- Contains vitamins and minerals to Support growth and development

Ingredients

Wheat Flour, Sugar, Honey, Calcium Carbonate, Dipotassium Hydrogen Phosphate, Vitamin C (L-Ascorbic Acid), Ferric Pyrosphosphate (Iron), Artificial Vanillin Flavor, Zinc Sulfate, Vitamin E (DI-Alpha-Tocopheryl Acetate), Bifidobacterium Lactis Cultures, Niacin (Nicotinamide), Vitamin B5 (Calcium Pantothenate), Vitamin B1 (Thiamin Mononitrate), Vitamin B2 (Riboflavin), Vitamin A Acetate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B9 (Folic Acid), Vitamin B7 (Biotin), Vitamin D3 (Cholecalciferol), Vitamin B12 (Cyanocobalamine).

Contains Wheat. May Contain Milk.

Nutritional Information

Nutrition Facts

Datos De Nutrición	
Serving Size/ Tamaño por Ración 1/4 cup/taza (15g)	
Serving Per Container/Raciones por Envase 48	
Amount Per Serving/ Cantidad por Ración 15g	
Calories/Calorías	60 (250kJ)
Total Fat / Grasa Total	0g
Saturated Fat / Grasa Saturada	0g
Trans Fat/Grasa Trans	0g
Sodium/ Sodio	5mg
Potassium/Potasio	50mg
Total Carb. / Carb. Total	14g

Nutrition Facts

Dietary Fiber/ Fibra DietŽética	0g
Sugars/ Azœúcares	5g
Protein/ Prote'ínas	1g
% Daily Value / % Valor Diario*	
Protein / Prote'ínas	2%
Vitamin A/ Vitamina A	15%
Vitamin C/ Vitamina C	70%
Calcium / Calcio	8%
Iron / Hierro	30%
Vitamin D / Vitamina D	10%
Vitamin E / Vitamina E	15%
Thiamin / Tiamina (B1)	20%
Riboflavin / Riboflavina (B2)	15%
Niacin / Niacina (PP)	8%
Vitamin B6 /Vitamina B6	10%
Folic Acid / Acido F—ólico	15%
Vitamin B12 / Vitamina B12	8%
Biotin / Biotina	4%
Pantothenic Ac./ Ac. PantotŽénico	10%
Phosphorus / F—ósforo	6%
Zinc	8%

% Daily values for infants according to FDA guidelines.

% Valores diarios para lactantes según los lineamientos de FDA.

Preparation:

1. Wash your hands before preparing infant's food. Make sure all utensils are thoroughly clean.
2. Warm 3.2 oz. (95mL) of breastmilk or formula recommended by your pediatrician and pour into a bowl.
3. Add 2 Tbsp. (15g) of NESTUM® Infant Cereal.
4. Stir until smooth. Remember to always feed your infant with clean utensils.

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