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NESTUM® Multicereal with Prune

Infant Cereal from 6 months onward.

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Features & Benefits

- Offers more than 50% of daily iron in two servings
- Supports cognitive development
- Fortified with vitamin C to enhance iron absorption
- Contains B.lactis cultures to help maintain digestive health
- Contains vitamins and minerals to Support growth and development

Ingredients

Wheat Flour, Rice Flour, Sugar, Dried Plums (4%), Corn Starch, Oligofructose, Calcium Carbonate, Inulin, Dipotassium Hydrogen Phosphate (Acidity Regulator), Maltodextrin (Bulking Agent), Vitamin C (L-Ascorbic Acid), Ferric Pyrophosphate (Iron), Sunflower Lecithin)Emulsifier), Artificial Vanillin Flavor, Zinc Sulfate, Vitamin E (DL-Alpha-Tocopheryl Acetate), Bifidobacterium Lactis Cultures, Niacin (Nicotinamide), Vitamin B5 (Calcium Pantothenate), Vitamin B1 (Thiamin Mononitrate), Vitamin B2 (Riboflavin), Vitamin A Acetate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B9 (Folic Acid), Vitamin B7 (Biotin), Vitamin D3 (Cholecalciferol), Vitamin B12 (Cyanocobalamine). Contains Wheat. May Contain Milk.

Nutritional Information

Nutrition Facts

Datos De Nutrición	
Serving Size/ Tamaño por Ración 1/4 cup/taza (15g)	
Serving Per Container/Raciones por Envase 18	
Amount Per Serving/ Cantidad por Ración 15g	
Calories/Calorías	60 (250kJ)
Total Fat / Grasa Total	1g
Saturated Fat / Grasa Saturada	0g
Trans Fat/Grasa Trans	0g
Sodium/ Sodio	10mg
Potassium/Potasio	60mg

Nutrition Facts

Total Carb. / Carb. Total	13g
Dietary Fiber/ Fibra Dietética	0g
Sugars/ Azúcares	4g
Protein/ Proteínas	<1g
% Daily Value / % Valor Diario*	
Protein / Proteínas	4%
Vitamin A/ Vitamina A	15%
Vitamin C/ Vitamina C	70%
Calcium / Calcio	8%
Iron / Hierro	30%
Vitamin D / Vitamina D	10%
Vitamin E / Vitamina E	15%
Thiamin / Tiamina (B1)	20%
Riboflavin / Riboflavina (B2)	15%
Niacin / Niacina (PP)	10%
Vitamin B6 /Vitamina B6	10%
Folic Acid / Ácido Fólico	20%
Vitamin B12 / Vitamina B12	8%
Biotin / Biotina	4%
Pantothenic Ac./ Ac. Pantoténico	10%
Phosphorus / Fósforo	8%
Zinc	8%

% Daily values for infants according to FDA guidelines.

% Valores diarios para lactantes según los lineamientos de FDA.

Preparation:

1. Wash your hands before preparing infant's food. Make sure all utensils are thoroughly clean.
2. Warm 3.2 oz. (95mL) of breastmilk or formula recommended by your pediatrician and pour into a bowl.
3. Add 2 Tbsp. (15g) of NESTUM® Infant Cereal.
4. Stir until smooth. Remember to always feed your infant with clean utensils.

Source URL: <https://www.babyandme.nestle.info/nestumr-multicereal-prune>

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