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GOOD CARE® Optipro®3

Growing up modified milk powder designed for toddlers from 12th month onwards.

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Growing up modified milk powder designed for toddlers from 12th month onwards.

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Features & Benefits

- Helps the development and adequate function of organs according to age.
- A special blend of fats that contain mono- and poly unsaturated fatty acids, including DHA which contributes to normal brain and vision development.
- Helps to reinforce toddlers’ natural immune defenses and contribute to the foundation of a healthier life.
- Provides young children with optimized protein profile, which are important building blocks in a toddler's diet.

Ingredients

Sweet whey powder, skim milk powder, dried glucose syrup, palm olein oil, low erucic acid canola oil, sunflower oil, lactose, whey protein concentrate, calcium citrate, soy lecithin(emulsifier), high dha tuna fish oil, tricalcium citrate (acidity regulator), vitamin c (sodium ascorbate), taurine, ferrous sulfate (iron), lactobacillus rhamnosus (1.0e+06 cfu/g), cytidine 5’ – monophosphate (cmp), uridine 5’ monophosphate (ump), zinc sulfate, l-ascorbyl palmitate (antioxidant), vitamin e (dl-alpha-tocopheryl acetate), niacin (nicotinamide), bifidobacterium longum (1.0e+06 cfu/g), vitamin b5 (calcium d-pantothenate), adenosine 5’ – monophosphate (amp), guanosine 5’ – monophosphate (gmp), copper sulfate, vitamin b1 (thiamine mononitrate), vitamin b6 (pyridoxine hydrochloride), vitamin a acetate, vitamin b2 (Riboflavin), Mixed tocopherol concentrate (antioxidant), citric acid (sequestrant), potassium iodide, vitamin b9 (folic acid), vitamin k1 (phytylmenadione), vitamin b7 (biotin), vitamin d3 (cholecalciferol), vitamin b12 (cyanocobalamin). contains fish, milk and soy.

Nutritional Information

Average Composition	Unit	Per 100g	Per 100ml (13.8 g powder + 90 ml potable water)
Energy	kCal / kJ	486.0 / 2033.4	67.0 / 280.33
Fat	g	21.2	2.9
Saturated fat	g	7.1	1.0
Trans Fatty Acids	g	0.1	0.0

Average Composition	Unit	Per 100g	Per 100ml (13.8 g powder + 90 ml potable water)
Cholesterol	mg	30.0	4.1
Mono-unsaturated	g	8.8	1.2
Poly-unsaturated fat	g	5.3	0.7
Linoleic Acid	mg	4300.0	592.8
Alpha-Linolenic Acid	mg	530.0	73.1
DHA	mg	60.0	8.3
Total Carbohydrates	g	58.8	8.1
Sugars	g	48.7	6.7
Lactose	g	46.4	6.4
Protein	g	15.0	2.1
Sodium	mg	240.0	33.1
Potassium	mg	700.0	96.5
Chloride	mg	350.0	48.3
Calcium	mg	570.0	78.6
Phosphorus	mg	340.0	46.9
Magnesium	mg	40.0	5.5
Iron	mg	5.5	0.8
Copper	mg	0.4	0.5
Zinc	mg	4.0	0.6
Iodine	µg	130.0	17.9
Manganese	µg	44.0	6.1
Selenium	µg	10.0	1.4
Vitamin A	µg RE	400.0	55.1
Vitamin D	µg D	8.5	1.2
Vitamin E	µg TE	6.0	0.8
Vitamin K1	µg	37.0	5.1
Vitamin C	mg	55.0	7.6
Vitamin B1	mg	0.8	0.1
Vitamin B2	mg	1.2	0.2
Niacin	mg	4.0	0.6
Vitamin B6	mg	0.5	0.7
Folic Acid	µg	100.0	13.8
Pantothenic Acid	mg	4.6	0.6
Vitamin B12	µg	1.0	0.1
Biotin	µg	25.0	3.4

Average Composition	Unit	Per 100g	Per 100ml (13.8 g powder + 90 ml potable water)
Total Nucleotides	mg	22.0	3.0

Scoop size = 4.595 g 100mL= 13.9 g powder + 90mL potable water

Preparation:

1. Wash your hands before preparing baby's formula.
2. Wash cup, teat and cap or cup and spoon thoroughly until no milk remains.
3. Allow water to reach boiling point and continue to boil for five minutes. Keep covered until ready to use.
4. Allow drinking water to reach boiling point and continue to boil for five minutes, allow to cool.
5. Consult feeding table, pour exact amount of lukewarm water into boiled cup.
6. Only use scoop from this tin and level using leveler at can opening.
7. Consult feeding table; add exact number of level scoops for age baby.
8. Shake cup until powder is completely dissolved.
9. Closed the tin tightly after each use, store it in a cool and dry place. Must be used within 3 weeks after opening.

Source URL: <https://www.babyandme.nestle.info/good-carer-optipror3>

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